



IHOC Monthly News

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Please join Ruth and I for a **ZOOM** meeting on Thursday, November 11th at 7:30pm. We would like to explore the possibility of having a Network beginning February 2022. We are thinking of starting with 6 fully vac-

cinated men. Prior to our meeting please explore/ask whether your congregation would be willing to serve as a host. If yes, under what conditions? If not, what are your congregation's concerns?

Please let us know if you plan to attend. If you can't attend, is there someone else that could represent your congregation? For more information contact Ruth at 856.261.3464 or email ihocprogram@gmail.com.

Thank you, Sonya and Ruth

Sonya and Ruth are arranging a Zoom / Conference call meeting with any and all **Emore** the men who have passed through the program. This will happen twice a week in the morning and once a week at night. Many of the men are in weekly contact with Sonya and some of them are not able to go to their group meetings or programs

like they used to. Mr. Islam one of our drug and alcohol councilors will also be on the call.

Most of the men Ruth and Sonya have asked if they would be interested in this were very excited and said they need something like this.

Funny how Covid, as bad as it is, forces us to create new ways of caring for our men. Even when we get back to running a network (AND WE WILL) this Zoom / Conference call will still be in place.

For now, we're just going to keep it to Ruth, Sonya and Mr Islam on the call with the men. After we work out the kinks and get a feel for how this will go, we may open it up to a few volunteers from congregations.

Lucas Valentine a 2018 graduate says hello to Miss Sonya and all of his IHOC family









Hey...Rhoda and I spend a lot of time on these newsletters and want to see how many of you good people are reading them. Would you please just shoot a quick email or text to me and let us know that you read it.?

Additional comments are great, but we really just want a ballpark idea if this is being read. We're thinking of just doing 6 a year instead of 12. Up to you!! (if you vote for 3 a year, you're off our list!! LOL)

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Quote: "Adopt the pace of nature: her secret is patience." Ralph Waldo Emerson